



adapt  
deal  
insist  
obese  
remove  
sweat

amputation  
flesh  
lavatories  
odour  
severe  
trapped

astonish  
former  
leftover  
portion  
shadow  
unrecognizable

cope  
gasp  
measure  
pupil  
spine  
vicious

crush  
gorge  
mock  
regime  
stagger  
wicked

**Across**

- 4. the meat of an animal
- 5. to eat too much
- 8. to continue to say, passionately, what you believe or want
- 9. take out
- 12. student
- 14. to change to one's environment
- 15. bad smell
- 17. surprise, shock, can't believe it
- 18. make fun of, laugh at
- 19. the water your body releases when you are hot
- 20. to push down hard on, often to break
- 21. how long, heavy something is
- 22. food that you still have after you finished a meal; can be eaten later
- 25. line of bones going down the back
- 26. how well you do when confronted with difficulties, stress
- 27. a normal amount of food you put on your plate
- 28. to walk slowly and with difficulty

**Down**

- 1. diet or exercise plan
- 2. to work with a bad, challenging situation
- 3. earlier, previous, before
- 6. extremely overweight
- 7. someone or something has changed so much you can't identify it
- 10. evil, dangerous, immoral, aggressive
- 11. to breath hard for need of oxygen; to breathe in dramatically because of shock
- 13. public restroom
- 16. evil; playfully bad; really good
- 17. to cut off a leg or arm
- 19. causing extreme discomfort, damage or stres
- 23. can't get out, can't get free, can't escape
- 24. dark image behind an object, created by light being stopped